

## Long Term Care Options Comparison At-a-Glance

	Rosener House Adult Day Services	Home Care	Assisted Living	Nursing Home
Per day costs in San Mateo County	\$40-\$92	\$110- \$250	\$175- \$350	\$230- \$500
Live at home with family and loved ones	✓	✓		
Flexibility to receive care only on days when needed	✓	✓		
Participation in group and individual therapeutic activities for body, mind, and spirit	✓			✓
Social opportunities with peers under caring supervision	✓		✓	✓
Nursing care available as needed during the day	✓		✓	✓
Medications monitored and supervised daily	✓		✓	✓
Dietitian oversees meal plan and eating is monitored daily	✓			✓
Transportation to and from home with door-to-door assistance	✓			
Designed for seniors	✓	✓	✓	✓
Designed for adults with physical, cognitive, and developmental disabilities	✓	✓		