



MEDIA ALERT

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Community Volunteer honored by RSVP for over 4,000 service hours *Retired journalist has served Peninsula Volunteers, Inc. for over 20 years*

June 27, 2014 – Menlo Park, CA Community volunteer Angela Owens was honored by The Retired and Senior Volunteer Program at Mills-Peninsula Hospital with the Presidential Volunteer Service-Lifetime Achievement Award for her service to Peninsula Volunteers, Inc. and other organizations.

Also honored were Joe McLoughlin, who received a 25-year service award and Dolores Siegfried was awarded for 20 years of outstanding volunteering.

Ms. Owens began volunteering after her children left for college and her job as journalist ended when the Palo Times Tribune closed. She found she had time on her hands over the next three decades used that time to offer over 4,000 hours of service.

Ms. Owens became involved with PVI when she taught music appreciation classes for Sequoia Adult School held at Little House, The Roslyn G. Morris Activity Center. She returned as a Little House volunteer to work on the newsletter and publicity. Since 2010, she has worked in the office. She has also been a volunteer for the Mid-Peninsula Open Space District as well as the Palo Alto Library.



Left and bottom right: Angela Owens was honored by RSVP for 4,000 hours of community service. Top Right: Also honored were Dolores Siegfried (center) and Joe McLoughlin seen with Mary Rached (left) Community Volunteer Director.

Serving the community as volunteer comes highly recommended by Ms. Owens.

“Volunteering is a wonderful way of meeting interesting people, making new friends, learning about and doing things not part of my normal activities, and feeling useful. I found it a great way of intellectual and emotional support,” she said. She added that “volunteering makes me keep calm and carry on as the British said in World War II.

Anyone interested in taking Ms. Owens advice to sign up for volunteering, should contact Mary Rached, PVI Community Volunteer Director, at volunteer@peninsulavolunteers.org.

About Peninsula Volunteers

Since 1947, Peninsula Volunteers, Inc. has created and provided high quality and nurturing programs for the aging on the Peninsula. Peninsula Volunteers provides programs, support and guidance for seniors in the community to allow them to pursue long and useful lives. Each year Peninsula Volunteers provides over \$5 million in services, including over 130,000 hot meals to seniors and the homebound, and impacts over 4,500 households through its programs: *Meals on Wheels*, *Little House – The Roslyn G. Morris Activity Center*, *Rosener House Adult Day Services*, and, through Peninsula Volunteer Properties, Inc., provides 82% of the affordable senior housing in Menlo Park at *Crane Place* and *Partridge-Kennedy Apartments*. For more information please visit peninsulavolunteers.org.

About RSVP

The Retired and Senior Volunteer Program (RSVP) is a nationwide network of experienced adults who contribute their time and talent to important programs that strengthen their communities. RSVP is sponsored by Mills-Peninsula Health Services - Senior Focus and is part of the Corporation for National and Community Service. For more information, call 650-696-7660.